

Daily Plan ~ Day 4

Thursday, June 10, 2004

Day Coordinators: Rab Cika, National Park

Service, Delaware Water Gap National Recreation Area

Ethan Huner & Flo Mauro, Pocono Environmental Education Center (PEEC)

Worthington State Forest (NJ) to Reliant Energy Launch (Portland, PA)

10 Miles ~ Generally smooth water, Class I Rapids at Karamac, Riffles at Arrow Island



Campers will breakfast at Worthington State Forest, NJ at 7:00 A.M. Break camp at 7:30 and drive (ONE DRIVER PER VEHICLE PLEASE) to rendezvous at Reliant Energy Launch (Portland, PA). (Leave private boats at Worthington State Forest).

- 8:00 A.M. Registration and check-in at Reliant Energy Launch (Portland, PA). Day-Trippers load private boats on trailers for shuttle to put-in.
- 9:00 A.M. Shuttle departs for Worthington State Forest, NJ. (put-in).
- 9:45 A.M. Safety Talk
- 10:00 A.M. Launch at Worthington State Forest and paddle for 5 miles to Kittatinny Point, "River & Valley Geology"
- 12:00 P.M. Lunch at Kittatinny Point, Short program *"Tracking the Shoreline"*
- 1:00 P.M. Resume paddling 1.2 miles to Arrow Island
- 2:00 P.M. Arrow Island Raft-up: Program *"Green Corridor for Wildlife"*
- 2:30 P.M. Resume paddling for the final 4.1-mile stretch of today's journey
- 4:00 P.M. Take-out at Reliant Energy Launch

Campers travel from the Reliant Energy Launch in Portland, Pennsylvania to Washington Crossing State Park, New Jersey. Complete driving directions are listed on 'Day 5 Plans'. Estimate 90-minute drive time – 55 miles.

Note: There are no shower facilities at Washington Crossing State Park.

Dinner on your own.

Many thanks to today's Sojourn Partners:

National Park Service, Delaware Water Gap National Recreation Area; Kittatinny Canoes; Upper Delaware Scenic & Recreation River, Lower Delaware Scenic & Recreation River, New Jersey State Parks and Forestry; Pocono Environmental Education Center; Camp Taylor Campground / Lakota Wolf Preserve, Reliant Energy

EMERGENCY CONTACT NUMBERS

National Park Service Dispatch 1-800-543-4295

***Water Levels** – Water height is highly relevant in the Upper Delaware section of the river for two reasons:

1. High water can inundate the riverbanks and islands where flooded trees and vegetation can create what are known as “strainers.” Strainers are very, very dangerous and can trap boats and people under water.
2. High water changes the characteristics of the rapids on the Upper Delaware. Some “wash out” while others become more dangerous.

Above the 8-foot water level the National Park Service recommends only “highly skilled boaters in properly equipped rafts or in closed boats.”

Average water levels: 2.9-4.5 ft levels – Everyone may take the trip in canoes or kayaks.

High Water Options –

Moderate water: 4.5 – 6 ft levels – Take the trip. Rafts recommended for less skilled boaters

High water: 6-8 ft levels – Take the trip. Rafts required for people renting watercraft and less skilled boaters.

Very High water: 8-feet and above – No River Trip – Alternate Land Activities –